



Community Connectors

Community Connectors link people with people:

We work with anyone over the age of 18 by helping them get out & about more in their local community by accessing local groups or social activities and to meet new people.

Who are we:

The overall aim of the Community Connectors Project is to help people over the age of 18 to reduce their levels of social isolation and loneliness, by engaging them with activities in the community.

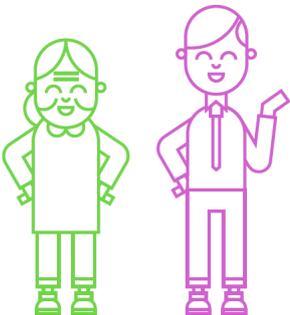
This is supported by a team of Community Champion volunteers, who will work alongside individuals on a short term basis to help increase their confidence in attending groups/activities whilst enabling and encouraging them to make their own connections

What we do:

Community Connectors project offers short term support, to increase independence and confidence for individuals to access groups

Our work starts with meeting an individual, chatting with them about what they would like to do, their best hopes and what they would be interested in doing so for example this could mean:

- Helping an individual to find out what activities or groups are available in their local area which might interest them
- Arranging for a Community Champion volunteer to accompany to a social activity or group to ease fears for people of going somewhere for the first time on their own
- Being the welcoming friendly face at a group or organisation, to meet and greet new people, and introduce them to rest of the group and help them to settle in
- Signposting to services in Sefton that can provide long term 1:1 support or befriending services



Please note we are not social workers, support workers, nor health, medical or clinical professionals



Where do we cover:

Our team comprises of two Community Connectors, who are supported by team of Community Champion Volunteers in each area:



Louise Heritage

Covering Southport, Ainsdale and Birkdale (PR8 and PR9)
Based at Southport Community Centre and out in the community
T: 07860 848344 E: louise.heritage@seftoncvcs.org.uk



Joe Westall

Covering Bootle, Seaforth, Litherland, Netherton (L20, L21, L30) and Maghull and Lydiate (L31)
Based at local venues
T: 07860845366 E: joe.westall@seftoncvcs.org.uk

How to make a referral:

We take referrals from anywhere—whether this be a professional organisation, GP, friend and people can also refer themselves too.

Referrals can be made using our online referral form, which can be found at:
<https://seftoncvcs.org.uk/project/communityconnectors/>

Alternatively, please contact the Connectors team on the details shown below if this is not possible:



t:0300 323 0181 e:connectors@seftoncvcs.org.uk

