

Dementia Action Week

13-19 May 2024

Dementia
Friendly
Sefton
Invite you!

1 in 3 people living with dementia do not have a diagnosis.

- 13 May, 10am-4pm, Atkinson Centre, Southport
- 14 May, 10am-4pm, Bootle Library
- 16 May, 10am-4pm, Maghull Town Hall

Join us at our drop-in days & find out about:

- Risk factors & how to reduce your risk
- Support if you are worried about your memory or your loved one's memory
- Things you can do to support people affected by dementia
- Legal information & advice
- Assistive technology

Also available on the day are Dementia Friends awareness sessions.
Book now:

- 13 May, 10am-4pm, Atkinson Centre, Southport
 - [Click here to book on to the 11am session.](#)
 - [Click here to book on to the 2pm session.](#)
- 14 May, 10am-4pm, Bootle Library
 - [Click here to book on to the 11am session.](#)
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- 16 May, 10am-4pm, Maghull Town Hall
 - [Click here to book on to the 11am session.](#)
 - [Click here to book on to the 2pm session.](#)

If you are interested in finding out more
about Dementia Friendly Sefton email:
dementiafriends@seftoncvcs.org.uk


Alzheimer's
Society
Together we are help & hope
for everyone living with dementia


Dementia
Friends
An Alzheimer's Society initiative